



The Premier Club in the West



Club President's Message

The last term had been an extremely exciting year for our club. Our achievements for the last term are as follows:

- President's Distinguished Club (10 out of 10)
- Our club member, Thomas Lee achieved a third placing in the International Speech contest at the District level.
- Top 5 membership campaign

The achievements were only possible with the hard work of outstanding members and the Executive Committee members.

The CCK Toastmasters' Club is a club of members, by the members and for the member. Members are to aspire to come up and serve the club in the various appointments and enjoy the challenge to lead, change and

CREATE A NEW DESTINY.

Our vision is to move forward and work towards our fullest potential in life and be the Premier Club in the West. We need to be passionate and enthusiastic about achieving our personal growth, reaching out to encourage one another and also to the community at large.

I look forward to a year of Joy, Enthusiasm and Fun for the members of our club during my term as the President of the club.



**Club President
Stephen Tan, CTM**

President
Stephen Tan, CTM
9591 0189 (PGR)
Editor
C. Raja Kumar
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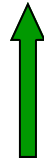
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OUR GAME PLAN

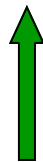
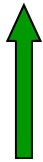
DESIRED RESULT FOR CHUA CHU KANG TOASTMASTERS CLUB

We want to be recognized as one the world's most admired Toastmasters Club



OUR MISSION

The mission of a Toastmasters club is to promote a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn foster self-confidence and personal growth



LEADERSHIP

QUALITY CHAPTER MEETINGS AND EDUCATIONAL PROGRAMMES

FRIENDLY ENVIRONMENT

OUR EXECUTIVE COMMITTEE FOR 2001/2002



"The very **essence of leadership** is that you have to have a **vision**" ... Theodore Hesburgh

Our Score Card for 2000/2001

MEASURES	GOAL	ACTUAL	ACHIEVED
CTMs	2	2	✓
Additional CTMs	2	2	✓
ATMs	1	1	✓
Additional ATMs	1	1	✓
CL, AL or DTM	1	1	✓
Additional CL, AL or DTM	1	1	✓
New Members	4	4	✓
Additional New Members	4	10	☆
Club Officers Trained	8	14	☆
Submitted on Time & Officer List	2	3	☆

Our Goals for 2001/2002

"This one step — **choosing a goal** and sticking to it — **changes everything**"...Scott Reed

MEASURES	GOAL	ACTUAL*	ACHIEVED
CTMs	2	1	✗
Additional CTMs	2	0	✗
ATMs	1	0	✗
Additional ATMs	1	0	✗
CL, AL or DTM	1	0	✗
Additional CL, AL or DTM	1	0	✗
New Members	4	4	✓
Additional New Members	4	7	☆
Club Officers Trained	8	6	✗
Submitted on Time & Officer List	2	2	✗

* As of September 30, 2001

☆: Exceeded Goal ✓: Met Goal ✗: Did not Meet Goal

OUR WORK PLAN FOR 2001/2002

ACTIVITIES	JUL	AUG	SEP	OCT	NOV	DEC
CLUB OFFICER TRAINING	14					
INSTALLATION CEREMONY			1			
HUMOUROUS SPEECH CONTEST			11			
CLUB EXCHANGE PROGRAMME			14-16			
MEMBERSHIP DUES			30			
NEWSLETTER			30			31
SEMI-ANNUAL CONVENTION					16-18	
SPEECH CRAFT WORKSHOP				EVERY THURSDAY		

ACTIVITIES	JAN	FEB	MAR	APR	MAY	JUN
CLUB YEAR BOOK	1					
CLUB SPEECH CONTEST	10					
AREA SPEECH CONTEST		TBD				
DGP GOALS		28				
DIVISION SPEECH CONTEST			TBD			
NEWSLETTER			30			30
MEMBERSHIP DUES			31			
SPEECH CRAFT WORKSHOP			EVERY THURSDAY			
ANNUAL CONVENTION					24-26	



*"The indispensable first step to getting the things you want out of life is this: **decide what you want**"*

.....Ben Stein

Welcome Aboard.....Our New Members

1. Ong Lay Ling
2. Lee Keng Pong
3. Edmund Lam
4. Steven Au
5. May Yan
6. Senan Bin Mamat
7. Daphne Chua
8. Peter Choon
9. John Foo
10. Lam Wee Shann
11. Adeline Lai
12. See Chak Wah



A Toastmaster's Promise

As a member of Toastmasters International and my Club, I promise...

- To attend club meetings regularly.
- To prepare all my speeches to the best of my ability, basing them on projects in the Communication and Leadership Program or the Advanced Communication and Leadership Program manuals.
- To prepare for and fulfill meeting assignments.
- To provide fellow members with helpful, constructive evaluations.
- To help the Club maintain the positive, friendly environment necessary for all members to learn
- To serve my club as an officer when called upon to do so.
- To treat my fellow club members and our guests with respect and courtesy.
- To bring guests to club meetings so they can see the benefits Toastmasters membership offers.
- To adhere to the guidelines and rules for all Toastmasters educational and recognition programs.
- To maintain honest and highly ethical standards during the conduct of all Toastmasters activities.

Our FUN Installation

Our club installation was held on September 1, 2001 at the River View Hotel. 35 members and guests turned up for this event. Our Guest-of-Honour was Associate Professor Low Seow Chay, Member of Parliament for Chua Chu Kang Constituency .

The purpose of the installation ceremony was to recognize the efforts of the previous Executive Committee members and introduce the new Executive Members to club members and guests.

The ceremony kicked off with a skit performance by Zenn Wong and Lay Kun. There were two speciality speeches delivered by DTM Maimunah Natasha and CTM Thomas Lee. CTM Thomas Lee spoke about his International Speech Contest experience and how joining the Toastmasters changed his life. DTM Maimunah spoke about how we should move out of our comfort zone.

The event ended with champagne and cake cutting to mark our club's 6th birthday.



**Our Receptionists in Action (L-R):
Margaret, Kwee Choo & Daphne**



**Our Master Trainer, C .Raja Kumar is
busy preparing for the event**



Arrival of our District Governor, DTM Lilian Lau



Lim Lay Kun(L) & Zenn Wong performing the skit



(L-R) Our Guest-of-Honour, Associate Professor Low Seow Chay, District Governor Lilian Lau, DTM, Club President, Stephen Tan, CTM and Immediate Past President, Lim Siew Mee, CTM

The Executive Committee Members 2000/2001 led by Club President, Lim Siew Mee, CTM (second from left), being thanked and discharged of their duties



The Executive Committee Members 2001/2002 led by Club President, Stephen Tan, CTM (second from left), being installed and charged with their duties



Our Vice President for Education (L-R), Simon Kong, CTM and Zenn Wong, CTM. They will play a key role in helping our club achieve the educational goals





Lim Siew Mee, CTM (L) receiving the President's Distinguished Club Program Award from our District Governor Lilian Lau, DTM



Poh Kim Siong, DTM (L) receiving the Top Membership Builders Award from our District Governor Lilian Lau, DTM

The following members below received the "STAR" award in recognition of their efforts in attaining the President's Distinguished Club Program Award. The award was presented by our Division Governor, Richard Sng



Simon Kong, CTM (right)



Zenn Wong, CTM (right)



Stephen Tan, CTM (left)



Lim Siew Mee, CTM (right)



C. Raja Kumar, CTM (left)



Ng Kwee Choo, CTM (right)



The Speechcraft participants receiving their certificates from C. Raja Kumar, ATM-B (extreme left), their Trainer

See Chak Wah, a Speechcraft participant, paying tribute to C. Raja Kumar



Thomas Lee, CTM (below left) shared with us on his contest experience. With him is Guest-of-Honour, Associate Professor Low Sew Chay

Maimunah Natasha, DTM (above) using the Prayer of Jabez to encourage the audience in their Toastmasters membership experience





The Past Presidents of our club led by current President Stephen Tan, CTM (centre) in a celebratory toast

Our club friends and supporters. Thank you for your support and encouragement



Our Club Members who attended the Installation Ceremony

Our Club Exchange Programme

Our second club exchange program was held from September 15-16, 2001. The purpose of this exchange program was to widen our Toastmasters network (beyond the shores of Singapore) as well as share experiences between clubs. We had our joint club meeting with Malaysian Institute of Management (MIM) Toastmasters Club. This club is situated in Kuala Lumpur (KL), Malaysia.

We took an eight hour train ride to KL. The train was delayed by more than 4 hours!! We reached the meeting venue 30 minutes before it started and we had to make a quick change of attire. About 40 Toastmasters turned up for the joint meeting. The meeting went well and we certainly picked up a few ideas from MIM's meeting proceedings.

On the second day, we attended a talk on "Unleash Your Potential" which was conducted by Dr. Arul and Dr. Ian. We were then treated to a dinner at "Am Pang", which is famous for its "Yong Tau Foo" (Chinese delicacy). We departed from KL at 10.00pm by coach.

It was certainly a very enriching trip for all our club members



FUN on the train



Poh Kim Siong, ATM-S presenting his advanced project



Members of the Chua Chu Kang and MIM Toastmasters Club



Zenn Wong, CTM delivering the closing address

Poh Kim Siong, ATM-S presenting the "Friend of Chua Chu Kang" certificate to Dr. Arul, President of MIM



Members celebrating Poh Kim Siong's (extreme right) birthday

A hearty meal before our departure to Singapore



Humourous Speech Contest

The Area B5 Humourous Contest was held on September 11, 2001. Simon Kong, CTM represented our club. There were a total of 6 contestants from the different clubs of Area B5. Simon mentioned that preparing for a Humourous Speech contest is more difficult than the International Speech contest. The challenge is to make the speech meaningful to the audience as well as add humour at different stages of the speech. He said that participating in this contest has helped him to become a more confident speaker .



Simon Kong, CTM

Club Officer Training

The Club Officer training was held on August 7, 2001. Leadership is an integral part of the Toastmasters club program. For the club officers to be effective leaders, they need to be trained. Club officer training provides the opportunity for the officers to learn about their offices and how they can effectively carry out their duties. It gives them the opportunity to interact with other officers and learn what has worked in other clubs which they can then try in their own clubs.

My Contest Experience - A Tribute to My Friend

Having progressed through the various stages of the competition, the District Contest was the final hurdle to book my ticket for Los Angeles.

Having joined Toastmasters' movement in May 2000, I did not know many fellow Toastmasters. As it was my first District Contest, it was most fortunate that one of our club members, Poh Kim Siong accompanied me on this trip. A self-sacrificing Toastmaster, Kim Siong volunteered to accompany me on this trip, wanting to ensure that all my needs were well taken care of. The International Speech Contest was held on Sunday 20th May 2001 at 9.00am. The night before, Kim Siong asked if there was anything I needed in particular. I told him that I usually take only a very small bite before my speech and suggested that we go for an early light breakfast before the contest.

The next morning, to my pleasant

surprise, Kim Siong actually bought 2 pieces of butter cake for breakfast, the night before! It was most considerate of him, as I would then be able to do my final preparation and calm my nerves before the contest. 2 pieces - one for him and one for me! And that was all he had for breakfast, till we broke for lunch at 1.00pm! And considering that he is a 200 pounder with a fantastic appetite! What a sacrifice!

In the convention hall, before the start of the contest, Kim Siong again displayed his caring nature when he chose to sit behind me, taking care of my props and holding on to a bottle of mineral water for me, just in case!

And when the results were announced, he congratulated me like a champion, though I only managed a 3rd place winner.

Sincere friends always taking care

of others' needs are rare and I am glad I found one when I became a Toastmaster. It's something I will always treasure and remember and pass on to fellow Toastmasters, knowing that we are all part of one big happy fraternity.

"Sincere friends always taking care of others' needs are rare and I am glad I found one when I became a Toastmaster."



Poh Kim Siong
My Friend for Life

"Friendship is the hardest thing in the world to explain. It's not something you learn in school. But, if you haven't learned the meaning of friendship, you really haven't learned anything" ...

Muhammad Ali



THOMAS LEE

WONDERFUL MOMENT WITH CHUA CHU KANG CC TOASTMASTERS CLUB

Voice from IBBM—Pahang Vice President Education, Lim Lay Kun, CTM

Toastmasters International(TI), is the beginning of everything. From learning process to building up friendship not only within Singapore but from different countries.

September 1, 2001 was definitely a great day for all of us. Yes, it was Chua Chu Kang CC Toastmasters Club's "FUN" Installation. Being the "Premier Club in the West", it was indeed a great installation that I have not witnessed before.

The installation was held at River View Hotel, Singapore. As we arrived, all the members were busy setting up the venue in order to start the event time. I was touched by the warmth and friendly attitude shown by the Chua Chu Kang members. They had certainly put in a lot of effort to make this ceremony a successful one.

The installation started with a short skit presented by Zenn Wong, member from Chua Chu Kang C.C. Toastmasters Club as Mrs Tan and myself as Mrs Lee. The skit was written by Thomas Lee and the audience enjoyed it.

I was inspired by the workshops that were arranged that day after the installation ceremony. Create Destiny I by Thomas Lee, CTM touched me. He shared his experience of being a Toastmaster and his District contest experience. I strongly agree with him that Toastmasters International provided us the platform towards

improving our communication skills. It is thus our commitment and responsibility to perform our task seriously as a member.

Maimunah Natasha, DTM shared with us her experience in building up her leadership skills in Create Destiny 2. She strongly encouraged all the members to step out from their comfort zone and lead the way towards enlarging the territory. As part of the club's executive committee, it will kick start the process of sharpening our leadership skills. It is not enough to be part of the club's executive committee if we want to learn more about leadership. We should step out from our comfort zone, take the challenge and lead the way.

The installation ceremony was definitely a great and successful one. I was so impressed by the members' enthusiasm. I got to know more friends from different clubs and country. I enjoyed myself throughout the whole ceremony. It was fun. A big thank you to Chua Chu Kang C.C. Toastmasters Club for inviting me to witness and share the wonderful moment and joys of growing up.



Lim Lay Kun (right) with Zenn Wong

Because of Toastmasters, I was in Singapore

Because of Toastmasters, I attended the club installation ceremony

Because of Toastmasters, I got to know all of you.

TIPS ON PUBLIC SPEAKING

KNOW THE ROOM

Arrive early to check out the premises and practice using the microphone and visual aids

KNOW THE AUDIENCE

Greet some of the participants as they arrive. It is easier to speak to a group of friends than to a group of strangers

KNOW YOUR MATERIAL

Practice your speech and revise it if necessary.

RELAX

Ease tension by doing exercises such as deep breathing



PICTURE YOURSELF GIVING YOUR SPEECH

Imagine yourself speaking with your voice aloud and assured. When you think yourself as successful, you will be successful.

REALISE THAT PEOPLE WANT YOU TO SUCCEED

Audiences want you to be interesting, stimulating and entertaining. They don't want you to fumble.

DON'T APOLOGISE

If you mention your nervousness or apologies for any problems you think you have with your speech, you may be calling the audience's attention to something they had not noticed.

CONCENTRATE ON THE MESSAGE, NOT THE MEDIUM

Focus your attention away from your anxieties and towards your message and your audiences instead.

TURN NERVOUSNESS INTO POSITIVE ENERGY

Harness your nervous energy and transform it into vitality and enthusiasm.

GAIN EXPERIENCE

Experience builds confidence, which is the key to effective speaking. A Toastmaster's club can provide the experience that you need.

Tell a Friend!



Why did you join Toastmasters?

Likely because a friend or co-worker invited you to a meeting. In fact, nearly 70% of Toastmasters members say they stay in Toastmasters because of the friendship and camaraderie. Let's face it, we join Toastmasters to improve communication skills but find out that, in addition to the learning experience, it can be fun!

You may be reluctant to invite a friend to attend because they might think you believe they need to be a better communicator. But you shouldn't be reluctant to ask someone to attend a meeting that is fun, exciting and educational.

So, **Tell A Friend!** New members benefit from Toastmasters by participating in the program. Your club benefits from new members as they share their personalities and experiences. It's a win-win situation!

Wherever you are-or will be-there is probably a Toastmasters Club you can attend, join, and become part of. And so can your friends, relatives, co-workers and neighbors. Be generous! Share Toastmasters with everyone you know.

Chua Chu Kang Community Club—Toastmasters

The Premier Club in the West

At Toastmasters, members learn by speaking to groups and working with others in a supportive environment. A typical Toastmasters club is made up of 25 to 40 members who meet at least once a month. Each meeting gives everyone an opportunity to practice:

CONDUCTING MEETINGS

Meetings usually begin with a short business session which helps members learn basic meeting procedures

GIVING IMPROMPTU SPEECHES

Members present one to two minute impromptu speeches on assigned topics

PRESENTING PREPARED SPEECHES

Three or more members present speeches based on projects from the Toastmasters International Communication and Leadership Program manuals. Projects cover such topics as speech organization, voice, language, gestures and persuasion.

OFFERING CONSTRUCTIVE EVALUATION

Every prepared speech speaker is assigned an evaluator who points speech strengths and offers suggestions for improvement.



Toastmasters - For better listening, thinking and speaking skills.

We meet on every 2nd Thursday of the month at Chua Chu Kang C.C.
Year 2001: 12 July, 15 Aug, 13 Sept, 11 Oct, 8 Nov, 13 Dec
Year 2002: 10 Jan, 14 Feb, 14 Mar, 11 Apr, 9 May, 13 Jun

Visit Our Website!!
www.geocities.com/ccktmc

OUR EXECUTIVE COMMITTEE FOR 2001/2002

President

Stephen Tan, CTM
9591 0189 (PGR)

Vice President (Education)

Zenn Wong
9528 4691 (PGR)

Simon Kong, CTM
769 5504 (H)

Vice President (Membership)

Margaret Chia
9520 6021 (PGR)

Vice President (Public Relations)

Shoban Kanax
9719 0246 (PGR)

Secretary

Freddy Yiow
9332 6209 (PGR)

Treasurer

Ng Kwee Choo, CTM
9475 1941 (PGR)

Sergeant-At-Arms

Lim Jing Han
769 6367 (H)

Immediate Past President

Lim Siew Mee
769 5504 (H)

Club Advisor

Poh Kim Siong, ATM S
9200 3487 (PGR)

Charter President

Shenton Sng, ATM
9630 1854 (HP)

Master Trainer

C. Raja Kumar
9506 3762 (PGR)