



Chua Chu Kang CC Toastmasters Club Presents



Educational Workshops

Fee: \$10 (Passioncard Member), \$15 (Non-Member)

For registration and details, please email to enquiry@ccktmc.org

or contact Lydia Choy at 90102406

To register online, goto <http://one.pa.gov.sg/>

How to Conquer Your Fear of Public Speaking

26 Jan 2008 (Sat) 9am - 1pm CCK CC Conference Room

Trainer: Cayden Chang, BSc (Hons), MSc, Licensed NLP Trainer

Synopsis :Does your voice quiver? Does your heart rate increase? Do you forget what you planned to say? Speaking to a large group of people is a stressful situation for many of us. While we would like to avoid such situations completely, it is often hard to do so. More importantly, if we want to achieve meaningful goals in life, we have to communicate our ideas across to people, be they in small or large groups. Public speaking need not be stressful. This workshop shares with you the secrets of managing your emotional states and eliminating your fears. Soon, speaking in public will be an invigorating and satisfying experience for you. Are you ready to have some fun?

The Art of Persuasive Speaking - Selling Your Ideas

2 Feb 2008 (Sat) 9am - 1pm CCK CC Conference Room

Trainer: Shenton Sng, MSc

Synopsis: When we communicate, we are in fact persuading and convincing our listeners to accept our our ideas and opinions. Even when we make a request to our spouse, children, teachers and managers at work, we are communicating in the hope of receiving a positive response or support of our ideas. Wouldn't it be great if we could unlock the secrets of where the barriers to our persuasive efforts could lie? Wouldn't it be more efficient and less frustrating if we could sell our ideas successfully anytime and every time we communicate them? Come and join our workshop to learn the power of calling for action just by persusive speaking; motivate your listeners and rally support for the possibilities that YOU create!

Impromptu Speaking Skills

2 Feb 2008 (Sat) 2pm - 6pm CCK CC Conference Room

Trainer: Rajar Kumar, Master Trainer, Chua Chu Kang CC Toastmasters Club

Synopsis: The most common misconception about speaking impromptu is that the speaker speaks without preparation. On the contrary, speaking impromptu requires practice and preparation. All skilled speakers have actually prepared themselves to speak impromptu. Whatever the situation you are thrown in, from casual conversations to a platform presentations, you will discover how you can prepare yourself to project a confident personality. In this Impromptu Speaking Skills workshop , participants will learn to organize their thoughts quickly, present their ideas logically and speak convincingly. As a result, participants will develop self-confidence and be empowered to handle any speaking situation with total ease.